

12u Summer Program 2025

This program is for players who are in the process of developing skating, stick, and game skills and are looking to learn as much as possible in preparation for next season and the future.

Class Size 8
players Maximum

Any questions please
call Coach Ryan

518-441-1347

TYPICAL DAILY HOCKEY SCHOOL SCHEDULE

8:30am - 9:00 am	Arrival
9:10 am	Off Ice (1.25 hours)
10:30 am	Video Analysis
11:00 am	Snack Break
11:15 am	On Ice Training (2 hours)
1:15 pm	Swimming*
2 pm	Depart

***Bring Bathing Suit and Towel**

After hockey school supervision is available upon request for 30 minutes or so after program ends

SEE YOU ON THE ICE!

Email: info@myhockeyskills.com



12U Camp

2025

**INDIVIDUAL SKILLS
PLUS
GAME SITUATION**

NAHS TRAINING FACILITY

200 Oakwood Avenue, Troy, NY

July 21 – July 25

**For 12U
Hockey Players**

THE "EXCEPTIONAL HOCKEY EXPERIENCE"

See you on the ice!

518-281-4811

NORTH AMERICAN HOCKEY SYSTEMS, INC.

12U SUMMER CAMP

Dates: July 21 - July 25

Time: 9:00am - 2:00pm

Location: NAHS Training Facility, 200 Oakwood Avenue, Troy, NY

Cost: \$525



MAIL COMPLETED REGISTRATION FORM AND YOUR CHECK TO:

N. A. H. S. Inc.
200 Oakwood Ave
Troy, New York 12182

Phone: 518 - 281 - 4811

www.myhockeyskills.com

FAX: 518 - 308 - 0280

Oak 12u Summer Camp

Name: _____ DOB: _____ Age: _____

EMAIL: _____ Address: _____

City: _____ State: _____ Zip: _____

Parent's Names: _____ Cell/Day Phone: _____ Home Phone: _____

Father: _____

Mother: _____

Experience: Current Level: _____ Years Played: _____

LIABILITY, IMAGING, AND MEDICAL RELEASE

In consideration of your permitting (PLAYER) _____ to use DAVID RANDALL's Training Rink, Troy, NY, for any purpose whatsoever. I hereby covenant and agree with NORTH AMERICAN HOCKEY SYSTEMS, INC., the owners, officers, agents, employees, and all persons engaged as instructors or administrators in any programs in which he/she may be a participant, to indemnify and hold harmless, each and everyone of them from and against all claims, liability, loss cost, damage and expenses which may in any way arise out of, or in connection with, the use by him/her of such facilities, including without limitation all claims he/she might have for personal injury or property damages to him/her or so arising. I understand that all video and photo images taken are the sole property of NORTH AMERICAN HOCKEY SYSTEMS, INC., and may be used in promotional and instructional media. I also give consent to administer first aid and emergency transport to nearest medical facility.

Date: _____

Signature: _____

Parent or Guardian