Annual Calendar

NY Capital Region

<u>Weekly Fundamentals Program</u> <u>Saturday Thru Thursday</u> <u>Year Round</u> All Levels Randall's Rink, Troy

December School Break December Albany County Hockey Facility, Colonie

<u>Winter School Break</u> <u>February</u> <u>Albany County Hockey Facility, Colonie</u>

Spring School Break <u>April</u> Albany County Hockey Facility, Colonie

Advanced Player Spring Invitational April, May, June Albany County Hockey Facility, Colonie

Summer Hockey Schools Albany County Hockey Facility, Colonie <u>Randall's Rink Troy, NY</u>

> <u>Vermont</u> <u>Fall Pre-Season Clinic</u> <u>October</u> Middlebury, Manchesteer

Summer Hockey School July TBA

For Registration & Info Call 5 1 8 - 2 8 1 - 4 8 1 1

www.myhockeyskills.com

Spring Schedule

April 04	5:30 – 7:40pm	Fri
April 11	5:30 – 7:40pm	Fri
April 18	5:30 – 7:40pm	Fri
April 25	NO Practice	
May 02	5:30 – 7:40pm	Fri
May 09	5:30 – 7:40pm	Fri
May 16	5:30 – 7:40pm	Fri
May 23	5:30 – 7:40pm	Fri
May 30	5:30 – 7:40pm	Fri
June 06	5:30 – 7:40pm	Fri
June 13	5:30 – 7:40pm	Fri

5:30 Skating Devolpment

6:35 Stick/Puck & Passing

7:25 Jump Rope & Off Ice

7:40 Depart

Dave Randall's



SPRING 2025

Intermediate Level

INVITATIONAL SPRING PROGRAM

Albany County Rink

April 4th to June 13th Friday Evenings Skill Development For Intermediate Players

Full Equipment Required For All Players "*THE EXCEPTIONAL HOCKEY EXPERIENCE*" See you on the ice!

NORTH AMERICAN HOCKEY SYSTEMS, INC. SPRING INTERMEDIATE PLAYER INVITATIONAL

Ľ	Dates:	Friday Evenings April 4 th to June 13 th *Friday April 25 th NO PRACTICE*				
0) pen To:	Interme	Intermediate Players By <u>Invitation Only</u>			
F	Rink:	Albany				
F	ree:	\$549 - U	J se QR code or r	k	in south	
Т	To Register: Text copy of for			rm to 518-281-4811		
		200	I.A.H.S. Inc. Oakwood Ave New York 12182			
	Phone: 518			nail: info@myh	•	
			AC spring 2025 Int.			
Players Name:_				DOB:		Age:
E-Mail:			Addr	ess:		
City:			State	:	Zip:	
Parent's Names	5:		Cell/Day Phone:		Home Phone	:
Father:						
Mother:						
Experience:	Current Level	:			Years Played	1:

LIABILITY, IMAGING, AND MEDICAL RELEASE

to use the Albany County Hockey Facility or Albany In consideration of your permitting (Player) County Hockey Facility, for any purpose whatsoever, I hereby covenant and agree with North American Hockey Systems, Inc., the owners, officers, agents, and employees, and all persons engaged as instructors or administrators in any programs in which he/she may be a participant, to indemnify and hold harmless, each and everyone of them from and against all claims, liability, loss cost, damage and expenses which may in any way arise out of, or in connection with, the use by him/her of such facilities, including without limitation all claims he/she might have for personal injury or property damages to him/her or so arising. I understand that all video and photo images taken are the sole property of North American Hockey Systems, Inc., and may be used in promotional and instructional media. I also give consent to administer first aid and emergency transport to nearest medical facility.

Signature:

Date:_____