

# **NORTH AMERICAN HOCKEY SYSTEMS, INC.**

## **SUMMER HOCKEY SCHOOL 2025**

Player's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_

Email: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent's Names: \_\_\_\_\_ Cell/Day Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Father: \_\_\_\_\_

Mother: \_\_\_\_\_

Experience (Minimum Requirement, One Season House League or Waiver): \_\_\_\_\_ Level: \_\_\_\_\_ Years Played: \_\_\_\_\_

**Location: AMERI-CAN NORTH SPORTS CENTER, PLATTSBURGH, NY**

**Dates: June 30 – July 3 ( Mon – Thu )**

**Hours: 9:00 am - 3:00 pm**

**To Register: Text copy to 518-281-4811 or mail in**

**Fee: \$495 - Use QR Code > or mail in check**



***N. A. H. S. Inc.***

***200 Oakwood Ave***

***Phone: 518 – 281 – 4811***

***Troy, New York 12182***

***Email: info@myhockeyskills.com***

**PLAYERS WILL TRAIN IN FULL HOCKEY GEAR**

**ALL PLAYERS MUST PROVIDE THEIR OWN LUNCH AND SNACKS**

**Standard Jerseys included with tuition. Please indicate size below:**

Youth: [ ] Small [ ] Medium [ ] Large

Adult: [ ] Small [ ] Medium [ ] Large [ ] X-Large [ ] 2X-Large

**Hockey School Fee** \$ \_\_\_\_\_

**Minimum Deposit of \$250** \$ \_\_\_\_\_ ← *Subtract your deposit*

\$ \_\_\_\_\_ ***Balance Due June 5<sup>th</sup>***

### **LIABILITY, IMAGING, AND MEDICAL RELEASE**

In consideration of your permitting (PLAYER) \_\_\_\_\_ to use the Ameri-Can North Sports Center, Plattsburgh NY for any purpose whatsoever. I hereby covenant and agree with North American Hockey Systems, Inc., the owners, officers, agents, employees, and all persons engaged as instructors or administrators in any programs in which he/she may be a participant, to indemnify and hold harmless, each and everyone of them from and against all claims, liability, loss cost, damage and expenses which may in any way arise out of, or in connection with, the use by him/her of such facilities, including without limitation all claims he/she might have for personal injury or property damages to him/her or so arising. I understand that all video and photo images taken are the sole property of North American Hockey Systems, Inc., and may be used in promotional and instructional media. I also give consent to administer first aid and emergency transport to the nearest medical facility.

**Date:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

Parent or Guardian

## Notice To Parents

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### *Typical Daily Hockey School Schedule*

- \* After hockey school supervision is available upon request up to 30 minutes after ice time ends.
- \* Families may be needed to host out of town players. This is a great way to reduce your summer fees, help a fellow player in our school network, as well as develop a new friend for your son or daughter. Call for details.
- \* Those players with **special medical needs**, must **explain** those needs **in detail before acceptance**.
- \* Behavior of the majority of players in our hockey schools has been great. Thank you! **Disruptive players should not attend.**
- \* Players need to practice some stick/puck skills everyday!
- \* Thank you for your continued support of our hockey school.

*Coach Randall*

8:15 am Arrival  
9:00 am Skating Development  
10:15 am Resurface - Snack Break  
10:30 am Stick & Puck Control  
11:45 am Lunch Break  
12:15 pm Passing Systems  
1:30 pm Resurface - Snack Break  
1:45 pm Scoring Systems/Games  
3:00 pm Depart

### **HOCKEY SKILLS EDUCATION** For **HOCKEY PLAYERS**

Email: [info@myhockeyskills.com](mailto:info@myhockeyskills.com)

200 Oakwood Ave  
Troy, New York 12182

Phn: 518-281-4811  
Fax: 518-308-0280

*Dave Randall's*



### **SUMMER HOCKEY SCHOOL 2025**

**\* 5 Hours On Ice Daily \***

***June 30<sup>th</sup> – July 3<sup>rd</sup>***

**Mites thru Bantam**

**Ameri-Can North Sport Center**

**\* Daily Program Includes \***

Balance & Control	Footwork Skating
Front Stride System	Turning systems
<u>All</u> Stops System	Stick/Puck Control
Progressive Passing	Shooting Systems
Body Contact Skills	Application Skills
Leadership Skills	Proper Mindset

**And Much More !!!**

*A North East Year  
Round Hockey Skills School*  
**SEE YOU ON THE ICE !**

**[www.myhockeyskills.com](http://www.myhockeyskills.com)**

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